

Are you at risk of Kidney Disease?

Risk factors are:

Obesity

Smoking

Diabetes

Heart disease

Over 60 years old

High blood pressure

History of Acute Kidney Injury

Family history of kidney disease

Maori, Pacific or South Asian
heritage

0800 KIDNEY (0800 543 639) www.kidneys.co.nz

kidney Health
NEW ZEALAND

Prevention • Support • Research